



From the President



We are almost at Christmas and our 4 week break from the pennant matches, having completed the 9 pre-Christmas games. Well done to all our players and the many helpers who manage and organize the huge number of pennant games being played each week.

Further to this is the serious success of the two Night Owls evenings. The huge amount of behind the scene assistance given by so many in the club is fantastic.

Back to the pennant competition, some teams will be happy and others not so joyous. Remember that the season is only half way through, so keep at it and remember the "Panther does not give up"!!!

The green pants for the men (four sides) has been so well received, that the board has decided to go 100% for all men from the start of next season (Oct 2009) Further to that, I wish to mention the great look of our new mats and jacks—sponsored by Bianco and organized by Brian Ballard. We have received so many positive comments about both the trousers and mats.

Congratulations once again to Simon Dorr, Steve Green and Adam Mullins for their State Selection for games in March 2009.

Finally, may Christmas bring you peace and happiness and I thank you all for your involvement in this great club.

Wayne Prosser—President

2008 WORLD Champion of Champions at Payneham

On Monday 8th September during the morning sports news, it was announced that Leif Selby from St John's Park BC in NSW had won the World Bowls Champion of Champions Tournament in Scotland.



Knowing that Steve Green, Payneham Bowling Club's green keeper was a friend of his, Brian Ballard spoke with Steve about having Leif speak at Sportsman's Lunch at Payneham.

Steve and Brian then got together and arranged the event which took place on Friday 14th November 2008. More than 80 people from many areas of lawn bowls attended and they were treated to a terrific meal put on by Traci. Two courses of very appetising food, followed by a talk by Leif on his history in the game, his first win, his pre match preparation and some humourous events of the biggest tournament of his life. All this, with the excitement of being able to tell how he came back from losing the first set 1-12 by winning the second 9-3 and the tie breaker 2-1. Many questions were posed to Leif from the attendees and he answered them all with aplomb and really held the floor for 45 minutes. Great effort by all concerned.

Friday evening saw Leif join his new friends at PBC to support them at Adelaide in their Premier one match, having a motivational talk before the match was considered a coup for PBC Premier players who went on the win the game.

Saturday 15th saw Leif running a Coaching Clinic for two hours, showing those in attendance his main drills that he uses to keep his game in tune. Members of PBC were joined by members of the State Women's team and some junior girls, who all benefitted from the coaching, both group and individual.

This visit has been the beginning of what both Leif and Brian hope will become a very enjoyable partnership between PBC and St John's Park, with hope for sister Club relationships between the two Clubs.

Men's Bowls:

I thought this month I would visit the subject of Challenging Bowls.

In a recent Bowls SA magazine was an article on the subject, so I have taken the opportunity to include this below:

In the modern bowling world some players are requiring the bowls that they purchase to have the minimum bias allowable under the Laws of the Game. In order to sell bowls, manufacturers are complying with their requests.

However, it doesn't take a great deal of wear for them to slip below the minimum bias allowable.

This is resulting in the bowls being challenged under Law 8.3 of The Laws of the Sport of Bowls.

If the challenge is to be lodged, the challenger must ensure that the challenge is made in a correct manner. Firstly, no indication must be

given to the opponents in any way during the game that a challenge is to be made. If the challenge is to be made by two or more players in the team any discussions between them must be made out of the hearing of any member of their opposition.

Within ten minutes of the finish of the game, in which the challenged bowl was used, the challenger must find the Umpire of the day and notify the Umpire that in the opinion of the challenger the bowls of 'player X' do not conform to the Laws of the Game.

On receiving the challenge the Umpire must immediately inform 'player X' that a challenge has been made to the bowls that have just been played, and ask the player to immediately surrender the set of four bowls to the Umpire.

The Umpire must immediately fill out the Bowls Australia 'Challenge to Bowl' form (which should be readily available at the Club or can be downloaded from

the Bowls SA website) ensuring that it is signed by both the challenger and the challenged player.

A receipt must be given to the challenger for the fee required to make a challenge, as specified in Domestic Regulation 2.3.

As soon as possible the Umpire must forward to Bowls SA the completed paperwork and the set of four bowls so that they can be tested by an approved bowls tester.

The home Club Side Manager must be notified of the challenge and should make a notation on the result sheet. Both Side Managers are to sign the result sheet as correct with the endorsement 'This result is subject to the decision of the appeal'.

Brian Ballard—Vice President



"PAST, PAST 1 RED PLAYERS CLUB."

What a four these men make! "Blind" Bryon Milton, Kevin "Coach" Natt, "Unflappable" Billy Reid and the "Skipper" some more precisely described as "Ringleader" Normie Prentice. Bryon and Bill are still bowling and Kevin is still coaching and running the horse syndicate at the club. Unfortunately ill health has seen Normie retire from bowls after an illustrious career over 40 years, winning state events and playing for South Australia. He was a top greenkeeper in this state for quite some years and introduced Tiff Dwarf grass into South Australia. Normie is a life member of our club and a great storyteller - he never tells the same story twice. He has a million of them.

You will catch these four on any Friday afternoon sitting at their favourite table and telling tall stories about their glory days. If you want to join them and listen and have a laugh, then it will only cost you three heavies and a red. (Oh! and one red for me as I am usually with them.)



Normie & Friends

Please support our many sponsors by using their products and services as often as possible.

Editorial

Fashion Parade

This event was well attended and raised a considerable amount for the club and here we have to thank Margaret Garnett, Meg Stegmeyer and all those that helped.

Avis Harrison is usually a model but due to ill health had to decline this year, but still attended and supplied the sherries and thanks go to Irene Regan once again for the fruit punch.



Melbourne Cup Luncheon

The luncheon was a bit of a disappointment as the numbers were down this year, but an enjoyable day was had by all that attended. Thanks to Marilyn Siggs and her team and to Robyn Darby for the wonderful table decorations and to John Simms and his helpers for arranging the bowls.

Sportsman's Lunch

For those of you who missed this day you should be very disappointed as, from the ladies point of view who did attend, it was well worth the effort. Leif Selby is a very personable young champion. His talk was enlightening and his coaching clinic on Saturday morning was excellent. Players from other clubs attended (both men and women) and it was apparent that they appreciated the opportunity to hear from the best in the world.

Thanks must go to Steve and Traci Green if it wasn't for their friendship with Leif we would not have been able to attract him to our club.

Payneham Ladies Bowling Club 80th Birthday Gala Day

This was a very successful day held on Friday 28th November 2008. There were 160 players from all over the state. The day was opened by our Major Sponsor Anette Hammet from Sawade Curtains & Blinds. The cake was spectacular and organised by Vice President Marie Roberts.



We were delighted that Past President Avis Harrison and Life Member and long time past Secretary of the club Fran Arthur were able to join us for lunch and afternoon tea.

The winners for the day were the Prospect— Broadview team of Janet Cocks and were presented with their prizes by Carol Boyle Executive Officer of Bowls SA. A couple of familiar faces of interest to our members in the winning team are Carol Prior partner of Bernie Mullins and Joan Prosser wife of our President Wayne. The runners up were the team of Vonnie Secker of Hope Valley.

Thanks must go to our tournament organisers Miriam Broad, Marlene Davey and Meg Stegmeyer who ran the day like clockwork, Joan Dunn who was in charge of the raffles, Gloria Connelly, Anne Bovington, Lorraine Simms, Joan Bell ran the trading table and a big thankyou to the helpers in the kitchen Val Davis, Rhonda Fuss, Dorothy Spencer, Colleen Symonds, Margaret Smart, Pat Poole, Pat Willats and the singalong queen, June Hodgkinson. Thanks to the bar staff of Rose and Gary Miles as always and Steve Durbridge as umpire of the day.

Well done girls—Josie Holford.

Night Owls



Tuesday Night Owls has been very popular, with an average attendance of approximately 130 players using 18 or 19 rinks every Tuesday. The raffle is well patronised with a large variety of prizes.

Without the help of non members Barbara, Lyn and Chris it would be very difficult. Will Thonder does a great job with the bowlers, Allan Walker doing what he does best—talking, as well as cooking the chips. The help of the ladies in the kitchen keeping up the food and coffee is very appreciated. Rose and Heather are kept very busy behind the bar.— **Ellis Loughhead**

Thursday Night Owls is in full swing run by John Cook & John Radloff. Numbers are gradually increasing with at least 14 teams each week. The feedback from participants has been extremely positive creating a very happy and enthusiastic atmosphere.

We have been extremely grateful for the support from our members who come out each week to cook the barby, coach the new players and offer support in other ways. Increased support of our club members is still required to help identify & introduce new players/teams to the Thursday night competition and to assist with coaching the new players.

Despite our small numbers on Thursday night it is extremely pleasing that we have already received a commitment by four players to pennant bowls, with at least another four expressing a keen interest.— **John Radloff**

Editorial Comment: - Anyone who can offer their services on a casual basis at least, please see Ellis Loughhead for Tuesdays and John Radloff or John Cook for Thursdays who will appreciate the assistance

DIARY DATES

Sat 13th December - Christmas Dinner

Mon 15th December - Ham & Turkey Day

Greens Closure - 25 December 2008 to 1st January 2009 inclusive

Pennants recommence - Sat 10th January, Wed 14th, Thurs 15th

Mon 23rd February - Bianco Day

Mon 23rd February - Combined clubs Film morning

Sun 22nd March - High Fives

Building the Head

Last newsletter I talked about revising the strategic plan for the Payneham Bowling Club entitled "Building the Head".

A questionnaire went out to some 40 members of the club and was made available to any others who expressed interest in participating – and several did which was really great. I received back nearly 20 of these questionnaires which were compiled into a summary. That gave us an idea of how people viewed the club in 2008 – what were the strengths, weaknesses, opportunities, threats and what are some other ideas we can work on.

Two meetings (workshops) were held in November, each attended by some 15 club members. We looked at a number of high level concepts such as our vision, mission and principles and confirmed that they were still valid. Then we looked at the questionnaire results to get an idea of areas that will be important to Payneham in 2009 and beyond. Following that we conducted three workshop sessions where people worked in small groups to come up with the strategies and initiatives that we need to commit ourselves to, to ensure that Payneham remains a vibrant and exciting club.

I will be compiling all of the ideas from the workshops and rewriting "Building the Head" accordingly. The goal is to make our plan more relevant to today so we can be working on the things that matter. Once the draft is complete, it will go back to the workshop participants to review before publication. This will take a little while, but I hope to have a finished product well before the end of this bowls season.

My thanks to those who participated in the workshops. Apart from Board members there were a number of club stalwarts who participated and some new members who brought fresh ideas and enthusiasm to the group. It is impressive when people so new to the club step forward and contribute in a significant way.

Peter Marshall

Coaches Corner

Delivery Technique

Champion bowlers show great diversity in delivery technique. No single method of delivery has proved so superior over time as to become a model that bowlers generally have felt obliged to emulate. Below describes one option available in shaping technique. Beginner bowlers should feel free to experiment with this suggested option, we will look at others in future sessions. Once bowlers begin the process of improving and automating technique, they should discontinue further experimentation with it.

Temperament

The similarities among top bowlers exist more in temperament than in their delivery techniques. Components of temperament may be stated in terms of **Seven C's**. **Concentration** is the ability to narrow one's focus to factors of immediate importance, and to ignore distractions. **Confidence** is the outcome of positive self-affirmation, and of achieving improving personal bests rather than winning at all costs. **Commitment** is the will to set goals for practice and competition. **Calmness** is the ability to neutralize stress in tight situations. **Creativity** is about seeing the ideal shot, and to recognise tactical opportunities. **Common sense** is the capacity to make intelligent corrections to poor deliveries, and to avoid destructive bickering with team mates. **Consistency** is about avoiding variations to controlled technique when faced with a difficult shot or during the excitement of competition. Try these out for yourself and see if your bowling improves during the rest of this season.

Good Bowling—Brian Ballard

The Board of Payneham Bowling Club wish you all a



Merry Christmas and a Safe and Happy New Year to all

We're on the Web

www.paynehambowlingclub.org.au