



Bowls SA 2008/09 Survey

THIS IS HOW THE RESULTS FROM PBC WERE REPORTED TO REGION 10 for proposed changes for Season 2008/09.

Sixty Payneham Bowling Club members responded:

1.. Rule 4B - All matches Premier League and Metropolitan League are played over 21 ends.

Influencing Factor: The shortening of the game is vital to helping the growth of our sport, as lifestyles change and time for sporting and social activities diminish. All major and successful sporting codes are adopting this policy. This is seen as the first step in providing a less time consuming game to our present participants and attracting the next generation

Payneham's Response: Yes

2. Rule 4D - Refreshment break

The afternoon tea break (Metropolitan League) or ten minute refreshment break (Premier League) has tended to fragment players groups in both leagues. Until a ten minute refreshment is accepted universally the only solution is to reintroduce an afternoon tea for both Premier League and Metropolitan Leagues

Payneham's Response: Yes

3. Rule 7B - Opposite Gender Guidelines

Women and men bowlers should have the same rights when selected in the Opposite Gender team. They should be able to play in any position NOT restricted to lead or second. (It is understood the outcome of the Open Gender competition review may well resolve this issue

Payneham's Response: Yes

4. Length of Season

There are very few reasons why the competition season could not extend past Easter each year. Whilst some players start to move north at this time, it is felt that this would not create major problems for clubs. The offset advantages outweigh the minor disadvantages. e.g. The competition would be held outside the time of extreme heat.

The calendar for Bows SA& dubs would become more flexible greater time could be allowed over the Christmas break for clubs to refurbish / renovate their greens in preparation for the second half of the season. Finals would be played at a more tolerable time. This may necessitate the rescheduling of some State Events.

Payneham's Response: Yes

5. Rule 24A and Rule 24B

There to be no replay of abandoned matches - that while it is disappointing to abandon matches there is a mainstream view that replays of cancelled games disrupts other commitments made by the participants.

Payneham's Response: Yes

6. Premier League Night Games. All matches to be 21 ends (if in the event Premier League day game remain 25 ends)

Payneham's Response: Yes

Editorial: A Satisfying Season.

We have just completed a great season for Payneham Bowling Club. With our first Team winning the Premier Two title, Our second side finishing a very creditable fourth and if it was not for the weather rules of Bowls SA they would certainly have been giving the finals a show of there capabilities and may well have seen promotion too.

All other sides kept their positions in the various leagues with some sides playing against top teams from the opposition Clubs. It is hard to be the fourth side in our Club and play against top sides from other Clubs, but our sides did themselves a great deal of credit in difficult circumstances.

We competed with six teams on Saturdays and five on Wednesdays, showing that Payneham is one of the major Clubs in SA. It is hoped that we can build upon this next season.

As VP of the men's bowling, I feel that I would be remiss if I didn't (on behalf of the men's committee) Thank all our volunteers who

helped during this season. I have spoken with the various Managers within the Club asking them to supply me with names of these helpers, so a very big thank you goes to...

Selection: Mel Green, Col Smith. Col Roberts, Rob Rowe, John Sims, Doug Macrae, Tom Ellis & Ken Sired.

Greens & Grounds: Brian Delaney, Trevor O'Neill, Rick Cope, Mark Sexton, John Godfrey, Ken Sired, Joe Bianco, Bob Allen, John Cook, Tom Ellis, Chris Stegmeyer, Barry Ebert, Graham Flavel, Ian Siggs, Col Roberts, Will Thonder, Peter Harris & Greg Zbierski.

Social & Friday Dinners: Tracy Green, Col & Marie Roberts, Ray Garnett & all the men's teams.

Night Owls: David Bailey, Will Thonder, Brian Delaney, Ben McDonnell & Rob Molinaro.

Bar: Rose & Gary Miles, Heather Garnett, Simon Dorr, Robbie O'Donnell & Kelly Sexton.

Winter Bowls: Bill Price, Doug Macrae & Mike Dodds.

Event Managers, Umpires & Measurers: John Sims, Ross Dawson, Steve Durbridge, Margaret Garnett, Mike Dodds, Will Thonder, Allan Walker & Brian Ballard.

Club Tournaments: Brian Ballard
Massive effort from everyone, well done, keep up the good work.



Wayne Prosser

Pot O' Gold Cosmo Pairs
each Friday @ 12 noon.
\$150 prizes every week.
Enter a team Now!

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Coaches Corner: - The Power of Imagery

Imagery allows you to practise and prepare for events and eventualities you can never expect to train for in reality.

With practice it allows you to enter a situation you have never physically experienced with the feeling that you have been there before and achieved whatever you are trying to achieve.

Similarly, imagery allows you to prepare and practise your response to physical and psychological problems that do not occur normally, so that if they do occur, you can respond to them competently and confidently.

Imagery can be used to train skills such as stress and distraction management. It allows you to pre-experience the achievement of goals.

This helps to give you the confidence that particular goals can be achieved, and so allows you to increase your abilities to levels you might not otherwise have reached.

Practising with imagery helps you to slow down complex skills so that you can isolate and feel the correct component movements of the skills, and work out where problems in technique lie.

Imagery can also be used to affect some aspects of the 'involuntary' responses of your body such as the release of adrenalin.

Practice imagery in your bowls, imagine the bowl you are about to bowl, finishing where you want it to finish or where your skipper has asked you to bowl to.

Your mind will take over your actions and help to give you the correct weight and direction to complete the required task.

This takes practise.

'The Panther's Den' Bistro

FRIDAY NIGHT MENU

March

- 7th March - Schnitzels, Chips & Vegetables.
- 14th March - NO MEALS, Presentation Night.
- 21st March - NO MEALS, Good Friday.
- 8th March - Roast Chicken & Vegetables.

April

- 4th April - Veal Parmigiana, Chips & Salad.
- 11th April - Crumbed Fish, Chips & Salad.
- 18th April - Chicken Kiev, Chips & Vegetables

Bookings on Notice Board, Please

Group Bookings: - Ring Marie on

8165-0830

Steve Green
2007/08
Club Champion



A lady bowlers lament:

My husband took up bowling and he bragged upon the phone,

About some wench called Kitty whom he could not leave alone

He played with Kitty, he stayed with Kitty.

He picked her up without a hitch.

He missed Kitty, he kissed Kitty,

He even lay beside her in the ditch.

So I took up bowling to win my husband back,

And found what he could do with Kitty,

I could do with Jack!

“Help the Club save some money on communications, send your email address to bsquared@brougham.com.au”

7. Premier League Night Games to 7. Premier League Night Games to increase from four (4) to nine (9) and be played Friday nights, Round 10-18.

Payneham's Response: No

8. Women's Premier 1 play nine (9) Friday night games, Round 10 to 18 in conjunction with Premier 1 Men's draw at same venue.

Payneham's Response: No

9. Structure of Competition

9a. Saturday - Men's Premier & Metropolitan Leagues

Premier 1	
Premier 2	(North & South) 2 up 2 down each section
Premier 3	Discontinued
Metro 1	N,S,E,W (One team promoted each division)
Metro 2	N,S,E,W
Metro 3	(As many sections as required)
Metro 4	Discontinued

Premier 2 N & S structure would reduce travel.

Metro 3 being the lowest ranked side would allow Opposite Gender participation if necessary

Payneham's Response: Yes

9b. Wednesday - Men's Premier & Metropolitan Leagues

Premier 1	
Premier 2	
Metro 1	N,S,1E,W
Metro 2	(As many sections as required)
Metro 3	To be discontinued

Metro 2 being the lowest ranked side would allow Opposite Gender participation if necessary.

Payneham's Response: Yes

9c. Thursday - Women's Premier & Metropolitan Leagues

Premier 1	
Premier 2	
Metro 1	N,S,E,W
Metro 2	(As many sections as required)
Metro 3	To be discontinued

Metro 2 being the lowest ranked side would allow Opposite Gender participation if necessary.

Payneham's Response: Yes

9d. Saturday - Women's League

Competition to become 2 bowl triples (3 teams x 3 players)

Play 2 sets each of 12 ends

Play different rink of the opposition for set 2

Points for set win or draw

Match still decided on overall shots up

Total points for each match = 18 (6 sets x 2, 6 points for match win)

The above concept to be a testing ground, and if successful would provide the impetus to expand the sets play format.

Payneham's Response: Yes
